

# Week 5 Breakfast and Lunch Menu



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Turkey Links Blueberry Pancakes Hash Browns Oatmeal Made to Order Omelets Made to Order Cage Free Eggs	Bacon Texas French Toast Tater Tots Brown Sugar Oatmeal Made to Order Omelets Made to Order Cage Free Eggs	Sausage Links Chocolate Chip Pancakes Red Skin Potatoes O'Brien Apple and Cinnamon Cream of Wheat Made to Order Omelets Made to Order Cage Free Eggs	Turkey Sausage Patties French Toast with Strawberry Sauce Cheesy Hash Browns Oatmeal Made to Order Omelets Made to Order Cage Free Eggs	Bacon Pancakes Home Fries Apple and Raisin Oatmeal Made to Order Omelets Made to Order Cage Free Eggs	Sausage Patties French Waffles Hash Brown Patties French and Cream* Cream of Wheat Made to Order Omelets Made to Order Cage Free Eggs	Sausage Links French Toast Home Fries Oatmeal Made to Order Omelets Made to Order Cage Free Eggs
	<b>Pierogies</b> pierogies onions peppers crumbled bacon sour cream apple sauce ranch salsa	<b>Chicken Burritos</b> Shredded Cabbage Pickled Red Onions Diced Tomatoes shredded cheese Japalenes, Sour Cream Tex Mex Chicken, veg Chickn Guacamole, salsa (3 kinds) 12" Tortillas Black Beans, Rice	<b>French Toast</b> French Toast Peach Topping Strawberry Topping Blueberry Topping Whip Cream Syrup	<b>Pasta Bar</b> Penne, Whole Wheat Penne Marinara, Alfredo Broccoli Peppers Mushrooms Onions Tomatoes Asiago Cheese Chicken Shrimp	<b>Macro Bowl</b> Shredded Chipotle Beef Falafel Lemon Garlic Chicken Thighs Coconut Jasmine Rice & Almonds Wheatberry and Artisan Blend (cold) Rice Noodles Roasted Shredded Carrots, Rstd Cauliflower, Rstd Mushrooms & Onions) Toppings(Pickled Red Onion, Crushed Peanuts, Green Onion) Sauces(Salsa Verde, Sweet Garlic Soy, Mango Hab.)		
	Chipotle Tuna	Egg Salad	Ham and Swiss	Chicken Salad	Super Italian		
	Beef Stroganoff w/ Wild Mushrooms Egg Noodles Roasted Broccoli with Peppers Roasted Zucchini and Tomatoes	Shrimp and Broccoli Stir Fry Vegetable Fried Rice Sesame Green Beans Stir Fry Vegetables	Roasted Rosemary Turkey with Balsamic Glaze Escarole and Cannellini Beans Cauliflower with Sundried Tomato Pesto and Almonds Roasted Potatoes	Meatball and Sausage Pasta Casserole Gremolata Roasted Cauliflower Beets with Roasted Fennel Sauteed Kale and Chickpeas	Chicken French Steamed Broccoli Greek Potatoes Warm Cinnamon Applesauce	Pulled Pork Roasted Sweet Potatoes Buttered Peas Bacon Breakfast Pizza	Roasted Turkey Cornbread Stuffing Buttered Corn Steamed Green Beans
	Pepperoni French bread Pizza Cheese French bread Pizza White French bread Pizza with Tomato	Pepperoni Pizza Cheese Pizza Sausage with Peppers and Onions	Pepperoni Pizza Cheese Pizza Pasta Bar	Stuffed Pepperoni Pizza Stuffed Cheese Pizza Stuffed Hot Pepper Stuffed Pizza	Pepperoni Pizza Cheese Pizza Pasta Bar	Pepperoni Pizza Cheese Pizza Bacon Breakfast Pizza	Pepperoni Pizza Cheese Pizza Sausage Breakfast Pizza
	Country Sweet Pork Chops Roasted Sweet Potatoes Med Spinach with Garbanzo Beans	Grilled Chicken with Red Pepper Pesto Wild Rice Steamed Green Beans	Lemon and Dill Haddock Creamed Lemon Dill Peas with Brown Rice Roasted Potatoes	GF Cheese Pizza GF Pepperoni Pizza Steamed Mixed Vegetables	Sesame Beef Stir-fry with Rice Roasted Cauliflower Rice Noodles	Tofu with Cabbage and Apples Jasmine Rice Steamed Zucchini	Herb Roasted Beef with Shallots Mushroom Ragu Steamed Broccoli
	Veggie Burger Grilled Lemon Garlic Chicken Steak Fries	Hawiiaan Turkey Burger Grilled Cheese with Bacon French Fries	Triple Cheeseburger Tuna Melt on English Muffin Tater Tots	Mushroom Swiss Burger Chicken Nuggets French Fries	Cheeseburger Veggie Burger Sweet Potato French Fries		
	Sausage, Pesto & Pasta Salad LoMein Noodle Salad Red Pepper Hummus	Sausage, Pesto & Pasta Salad LoMein Noodle Salad Red Pepper Hummus	Sausage, Pesto & Pasta Salad LoMein Noodle Salad Red Pepper Hummus	Broccoli Salad LoMein Noodle Salad Red Pepper Hummus	Broccoli Salad Loaded Baked Potato Salad Red Pepper Hummus	Broccoli Salad Loaded Baked Potato Salad Red Pepper Hummus	Broccoli Salad Loaded Baked Potato Salad Red Pepper Hummus
	Chicken and Wild Rice Chipotle Butternut Squash Chili	Turkey Chili Tomato Basil	Creamy Chicken Noodle Vegetable	Cheesy Broccoli and Chicken Minnestrone	Fish Chowder Black Bean	Chef's Soup du Jour	Chef's Soup du Jour

\* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

- Denotes Vegetarian Item
- Denotes Vegan Item
- Denotes Gluten-Free Item

