

Week 4 Breakfast and Lunch Menu



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	<p>Sausage Links</p> <p>Crispy Potato Squares</p> <p>Blueberry Pancake</p> <p>Cinnamon Apple Oatmeal</p> <p>Made to Order Omelets</p> <p>Made to Order Cage Free Eggs</p>	<p>Bacon</p> <p>Potatoes O'Brien</p> <p>Raisin French Toast</p> <p>Bacon and Cheese Grits</p> <p>Made to Order Omelets</p> <p>Made to Order Cage Free Eggs</p>	<p>Turkey Sausage Links</p> <p>Hash Brown Patties</p> <p>Pancakes</p> <p>Brown Sugar and Raisin Cream of Wheat</p> <p>Made to Order Omelets</p> <p>Made to Order Cage Free Eggs</p>	<p>Sausage Gravy and Biscuits</p> <p>Tater Tots</p> <p>Texas Toast French Toast</p> <p>Oatmeal</p> <p>Made to Order Omelets</p> <p>Made to Order Cage Free Eggs</p>	<p>Turkey Sausage Patties</p> <p>Home Fries</p> <p>Pancakes</p> <p>Oatmeal</p> <p>Made to Order Omelets</p> <p>Made to Order Cage Free Eggs</p>	<p>Bacon</p> <p>Cheesy Hash Browns</p> <p>French Toast Sticks</p> <p>Oatmeal</p> <p>Made to Order Omelets</p> <p>Made to Order Cage Free Eggs</p>	<p>Sausage Links</p> <p>Pancakes</p> <p>Home Fries</p> <p>Brown Sugar Oatmeal</p> <p>Made to Order Omelets</p> <p>Made to Order Cage Free Eggs</p>
	<p>Yogurt Parfait Bar</p> <p>Vanilla, Strawberry, Blueberry Yogurt</p> <p>Granola</p> <p>Honey</p> <p>Strawberries, Bananas</p> <p>Coconut, Nuts</p> <p>Blueberries, Raspberries</p> <p>M&M's</p> <p>Oreo Crumbles</p>	<p>Taco Tuesday-Pork Belly Taco</p> <p>Shredded Cabbage, Shredded Lettuce</p> <p>Pork Belly</p> <p>Tex-Mex Vegan CHICKN</p> <p>Radish, Jalapenos, Cilantro</p> <p>Sour Cream</p> <p>Guacamole</p> <p>Shredded Cheese</p> <p>Variety of Salsas</p> <p>Corn Tortillas</p>	<p>Avocado Toast</p> <p>Avocado</p> <p>Parsley</p> <p>Pickled Recon Onion</p> <p>Jalapenos</p> <p>Goat Cheese</p> <p>Radish, Arugula</p> <p>Sriacha</p> <p>Smoked Salmon</p> <p>Sliced Grape Tomatoes</p> <p>Green Onion, Basil</p>	<p>mmm Meatball @ Bravo</p> <p>Parsley</p> <p>Meatballs</p> <p>Penne Pasta</p> <p>Pub Rolls</p> <p>Marinara Sauce</p> <p>Asiago Cheese</p> <p>Parmesan Cheese</p>	<p>Macro Bowl</p> <p>Pulled Pork w/Chimichurri</p> <p>Curry Marinated Roasted Tofu</p> <p>Lemon Garlic Chicken Thighs</p> <p>Pesto Rice with Lentils</p> <p>Quinoa with Kale and Almonds</p> <p>Rstd Sweet Pot. And Chickpeas</p> <p>Rstd Broc/Butternut/Caramelized Onions and Peppers</p> <p>Sauces</p> <p>Toppings</p>		
	<p>Roasted Vegetable Wrap</p> <p>Tuna Salad</p>	<p>Ham, Cheddar and Apple on Croissant</p> <p>Tuna Salad</p>	<p>Spicy Chicken Salad Wrap</p> <p>Tuna Salad</p>	<p>Egg Salad Wrap</p> <p>Chicken Salad</p>	<p>Turkey BLT</p> <p>Chicken Salad</p>		
	<p>Butter Chicken</p> <p>Basamnti Rice and Naan</p> <p>Curry Roasted Cauliflower</p> <p>Peas</p>	<p>Adobo Chicken</p> <p>Aubergine Adobo</p> <p>White Rice</p> <p>Mung Bean (Rice Noodles with Vegetables)</p>	<p>Mojo Pork</p> <p>Plantains</p> <p>Yellow Rice</p> <p>Sauteed Green Beans</p>	<p>Doro Watt (Ethiopian Style Chicken)</p> <p>Corriander Rice and Naan</p> <p>Pikora</p> <p>Wabesha Gomen (Ethiopian Collard Greens)</p>	<p>Thai Style Shrimp</p> <p>Jasmine Rice</p> <p>Orange-glazed Roasted Carrots</p> <p>Vegetables Sprouts with Red Onion and Lemongrass</p> <p>Pasta with Butter and Parmesan Cheese</p>	<p>Baked Ziti with Meatballs</p> <p>Orange-glazed Roasted Carrots</p> <p>Vegetables Sprouts with Red Onion and Mushrooms</p> <p>Pasta with Butter and Parmesan Cheese</p>	<p>Chipotle Ranch Chicken Enchiladas</p> <p>Refried Bean Enchiladas</p> <p>Seasoned Broccoli</p> <p>Corn</p>
	<p>Pepperoni Pizza</p> <p>Cheese Pizza</p> <p>4 Cheese and Tomato</p> <p>BLT Pizza</p>	<p>Stuffed Pepperoni Pizza</p> <p>Cheese Pizza</p> <p>Roasted Vegetable</p> <p>Stuffed Meatball and Ricotta Pizza</p>	<p>Pepperoni Pizza</p> <p>Cheese Pizza</p> <p>Marinara, Pesto Alfredo</p> <p>Penne, Whole Wheat Penne</p>	<p>Pepperoni Naan Pizza</p> <p>Cheese Naan Pizza</p> <p>Pesto Mushroom Naan</p> <p>Hawaiian Naan Pizza</p>	<p>Pepperoni Pizza</p> <p>Cheese Pizza</p> <p>Marinara, Sundried Tomato Alfredo</p> <p>Spaghetti, Ziti</p>	<p>MTO Pizzas</p> <p>MTO Pizzas</p>	<p>MTO Pizzas</p>
	<p>Beef Stir Fry with Snow Peas</p> <p>Jasmine Rice</p> <p>Steamed Broccoli</p>	<p>GF Chicken Tenders</p> <p>Sauteed Broccoli Raab</p> <p>Steamed Corn with Dill</p>	<p>Cajun Tilapia</p> <p>GF Macaroni and Cheese</p> <p>Steamed Broccoli and Cauliflower</p>	<p>GF Cheese Pizza</p> <p>GF Pepperoni Pizza</p> <p>Steamed Zucchini</p>	<p>Pan-seared Tofu with Black Sesame Seeds</p> <p>Roasted Wild Mushrooms</p> <p>Steamed Yellow Squash</p>	<p>Country Sweet Grilled 8 Piece</p> <p>Mashed Sweet Potatoes</p> <p>Buttered Green Beans and Corn Medley</p>	<p>Beef Stroganoff</p> <p>GF Pasta</p> <p>Steamed Green Beans</p>
	<p>Black Bean Burgers w/ Roasted Peppers and Cheddar</p> <p>Black Bean Burger</p> <p>Hamburgers</p> <p>French Fries</p>	<p>Sliders</p> <p>Italian Sausage with Peppers and Onions</p> <p>Tater Tots</p> <p>Tater Tots with Bacon and Cheese sauce</p>	<p>BBQ Grilled Chicken</p> <p>Grilled Cheese and Tomato</p> <p>French Fries</p>	<p>Fajita Burger (Pepper jack, Peppers, Onions)</p> <p>Hamburger</p> <p>Grilled Chicken</p> <p>Crinkle Cut French Fries</p>	<p>Cheeseburger</p> <p>Hamburger</p> <p>Cuban Sandwich</p> <p>French Fries</p>		
	<p>Cajun Corn Farro Salad</p> <p>Quinoa Salad w/ Dried Fruit & Nuts</p> <p>Cous Cous</p> <p>Roasted Zucchini</p> <p>Fresh Cut Fruit</p> <p>Blueberry Yogurt</p> <p>Hummus with Pita Chips</p>	<p>Cajun Corn Farro Salad</p> <p>Quinoa Salad w/ Dried Fruit & Nuts</p> <p>Cous Cous</p> <p>Roasted Carrots</p> <p>Fresh Cut Fruit</p> <p>Blueberry Yogurt</p> <p>Hummus with Pita Chips</p>	<p>Cajun Corn Farro Salad</p> <p>Quinoa Salad w/ Dried Fruit & Nuts</p> <p>Cous Cous</p> <p>Roasted Broccoli</p> <p>Fresh Cut Fruit</p> <p>Blueberry Yogurt</p> <p>Hummus with Pita Chips</p>	<p>Snow Pea, Roasted pepper with Cous Cous Salad</p> <p>Craisin, Orange, Cocount Jasmine Rice</p> <p>Wheatberries</p> <p>Roasted Yellow Squash</p> <p>Fresh Cut Fruit</p> <p>Blueberry Yogurt</p> <p>Hummus with Pita Chips</p>	<p>Snow Pea, Roasted pepper with Cous Cous Salad</p> <p>Craisin, Orange, Cocount Jasmine Rice</p> <p>Wheatberries</p> <p>Roasted Cauliflower</p> <p>Fresh Cut Fruit</p> <p>Blueberry Yogurt</p> <p>Hummus with Pita Chips</p>	<p>Selection of Yogurts, Cottage Cheese and Fresh Cut Fruits</p> <p>Selection of Yogurts, Cottage Cheese and Fresh Cut Fruits</p>	<p>Selection of Yogurts, Cottage Cheese and Fresh Cut Fruits</p> <p>Selection of Yogurts, Cottage Cheese and Fresh Cut Fruits</p>
	<p>White Chicken Chili</p> <p>Mushroom and Leek</p>	<p>Italian Wedding</p> <p>Corn and Poblano Chowder</p>	<p>Cream of Chicken and Rice</p> <p>Tomato Florentine</p>	<p>North African Bean Stew</p> <p>Creamy Steak & Mushroom</p>	<p>Seafood Chowder</p> <p>Vegetable Lentil</p>	<p>Chef's Choice Chili</p> <p>Chef's Choice Vegetable</p>	<p>Chef's Choice Chili</p> <p>Chef's Choice Vegetable</p>

* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

- Denotes Vegetarian Item
- Denotes Vegan Item
- Denotes Gluten-Free Item

