

Week 1 Dinner Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Poutine Bar French Fries Beef Gravy Mozzarella Cheese Cheese Sauce Sour Cream Green Onions Bacon Bits Shredded Cheddar Ranch Salsa Beef Chili	"Nacho Problem" Tortilla Chips Beef Taco meat, Diced Tomatoes Nacho Cheese Diced Onions Shredded Cheese Jalapenos Vegan Crumbles Sour Cream Guacamole Salsa	Chicken Wings Chicken Wings Franks Red Hot Bleu Cheese dressing Ranch dressing BBQ Sauce Celery Sticks Carrot Sticks	Mac and Cheese Bar Broccoli Bacon Cheddar Cheese Crushed Red Pepper Cheese Sauce Asiago Cheese Green Onions Jalapenos Hot Sauce	Smoothies Strawberry Smoothie Mango Smoothie Wildberry Smoothie		
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<i>Main Plate</i>	Salisbury Steak Mashed Potatoes Roasted Yellow Squash Sautéed Spinach and Tomatoes	Chicken Marsala Spaghetti Maranara with Fresh Basil Pinto Beans with Spinach and Red Peppers Roasted Yellow Squash	Grilled Pork Chop w/ Gochujang and Green Onion Jasmine Rice Roasted Zucchini Tofu (Stir Fry with Sesame Seeds, Broccoli, and Green Onions)	Roasted Chicken Drumsticks with Country Sweet Sauce Roasted Potatoes Roasted Broccoli with grape tomatoes Buttered Corn	Country Fried Steak with Country Gravy Mashed Potatoes Roasted Vegetables Steamed Green Beans		
	Pepperoni Pizza Cheese Pizza Pesto with Tomato Pizza	Pepperoni Pizza Cheese Pizza Sausage Pizza	Pepperoni Pizza Cheese Pizza Ziti and Marinara	MTO Pizzas	MTO Pizzas		
	GF Pasta with Broccoli, Roasted Pepper and Alfredo Sauce Bake Roasted Mushrooms Steamed Peas	Pasta with Endamame, Tomatoes, and Almonds Roasted Potatoes with Caramelized Onions Steamed Zucchini	GF Meatballs GF Spaghetti and Marinara Steamed Broccoli	Roasted Pork Cannellini Beans, Escarole, and Rice Steamed Cauliflower	Glackened Chicken Thighs and Roasted Tomatoes Quinoa with Broccoli and Shallots Brown Rice		
	Garlic Parmesan Grilled Chicken Grilled Cheese & Ham Curly Q French Fry	Triple Cheese Burger Hamburger French Fries	Grilled Lemon Garlic Chicken Veggie burger TaterTots	Cheeseburgers Black Bean and Pepperjack Quesadilla French Fries	Turkey Burgers Veggie Burger French Fries		
	Quinoa Roasted Broccoli Fresh Cut Fruit Cottage Cheese Italian Pasta Salad Hummus with Pita Chips	Quinoa Roasted Broccoli Fresh Cut Fruit Cottage Cheese Italian Pasta Salad Hummus with Pita Chips	Quinoa Roasted Cauliflower Fresh Cut Fruit Cottage Cheese Italian Pasta Salad Hummus with Pita Chips	Quinoa Roasted Cauliflower Fresh Cut Fruit Cottage Cheese Vegan (Mayo-Free) Potato Salad Hummus with Pita Chips	Salad Side Only		
	Creamy Chicken and Vegetable Tomato	Cream of Mushroom Italian Wedding	Broccoli Cheese Turkey and Wild Rice	Cream of Cauliflower Asian Vegetable & Rice with Pork	Chef's Choice Chef's Choice		

* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

Denotes Vegetarian Item
Denotes Vegan Item
Denotes Gluten-Free Item

