

Week 1 Breakfast and Lunch Menu



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	<p>Sausage Links</p> <p>Hash Brown Patties</p> <p>Chocolate Chip Pancakes</p> <p>Cinnamon Oatmeal</p> <p>Made to order Omelets</p> <p>Made to Order Cage Free Eggs</p>	<p>Turkey Sausage Patties</p> <p>Shredded Hash Browns</p> <p>Texas French Toast</p> <p>Berries and Cream Oatmeal</p> <p>Made to order Omelets</p> <p>Made to Order Cage Free Eggs</p>	<p>Sausage Patties</p> <p>Crispy Potato Squares</p> <p>Pancakes</p> <p>Oatmeal</p> <p>Made to order Omelets</p> <p>Made to Order Cage Free Eggs</p>	<p>Bacon</p> <p>Hash Brown Patties</p> <p>Multi-grain pancakes</p> <p>Oatmeal</p> <p>Made to order Omelets</p> <p>Made to Order Cage Free Eggs</p>	<p>Turkey Sausage Links</p> <p>Potatoes O'Brien</p> <p>Texas Toast French Toast</p> <p>Oatmeal</p> <p>Made to order Omelets</p> <p>Made to Order Cage Free Eggs</p>		
	<p>Mashed Potato Bar</p> <p>Broccoli</p> <p>Bacon</p> <p>Cheddar Cheese</p> <p>Crushed Red Pepper</p> <p>Cheese Sauce</p> <p>Sour Cream</p> <p>Asiago Cheese</p> <p>Green Onions</p> <p>Salsa, Butter</p> <p>Beef Chili</p>	<p>"Nacho Problem"</p> <p>Tortilla Chips, Beef Taco meat,</p> <p>Diced Tomatoes</p> <p>Nacho Cheese</p> <p>Diced Onions</p> <p>Shredded Cheese</p> <p>Jalapenos</p> <p>Vegan Crumbles</p> <p>Sour Cream</p> <p>Guacamole</p> <p>Salsa</p>	<p>Chicken and Waffles Sandwich</p> <p>Belgian Waffles</p> <p>Chicken Fingers</p> <p>Sweet n Spicy Kale and Cabbage slaw</p> <p>Maple syrup</p> <p>Sriacha Honey Mayo</p> <p>Chicken Gravy</p>	<p>Mac and Cheese Bar</p> <p>Broccoli</p> <p>Bacon</p> <p>Cheddar Cheese</p> <p>Crushed Red Pepper</p> <p>Cheese Sauce</p> <p>Asiago Cheese</p> <p>Green Onions</p> <p>Jalapenos</p> <p>Hot Sauce</p>	<p>Pretzels</p> <p>Soft Pretzels</p> <p>Cheese Sauce</p> <p>Mustards</p>		
	<p>Spicy Chicken Salad</p>	<p>Spicy Chicken Salad</p>	<p>Spicy Chicken Salad</p>	<p>Egg Salad</p>	<p>Egg Salad</p>		
	<p>Pesto Chicken and Tomatoes</p> <p>Penne with Marinara</p> <p>Ratatouille</p> <p>Sautéed Green Beans</p>	<p>Sweet and Sour Pork with Pineapple and Peppers</p> <p>White Rice</p> <p>Stir Fry Vegetables</p> <p>Steamed Broccoli</p>	<p>BBQ Pulled Turkey</p> <p>Broccoli Raab</p> <p>Roasted Glazed Carrots with Almonds</p> <p>Roasted Potatoes</p>	<p>Braised Beef Bolognese and Rigatoni</p> <p>Roasted Broccoli</p> <p>Sautéed Garlicky Kale with Red Peppers and Cannelini Beans</p>	<p>Stuffed Shells</p> <p>Sauteed Green Beans</p> <p>Sauteed Yellow Squash, and Peppers</p> <p>Sausage with Peppers and Onions</p>		
	<p>Pepperoni Pizza</p> <p>Cheese Pizza</p> <p>White Pizza with Tomato</p>	<p>Meatlovers Pizza</p> <p>Cheese Pizza Pizza</p> <p>Pepperoni Pizza</p>	<p>Pepperoni Pizza</p> <p>Cheese Pizza</p> <p>Ziti and Marinara</p>	<p>MTO Pizzas</p>	<p>MTO Pizzas</p>		
	<p>Vegetable and Mushrooms Stir Fry</p> <p>Jasmine Rice</p> <p>Steamed Broccoli with tomatoes</p>	<p>BBQ Beef</p> <p>Roasted Apples and Craisins</p> <p>Steamed Zucchini & Red Peppers</p>	<p>Pork Chops</p> <p>Quinoa with Roasted Peppers and Shallots</p> <p>Steamed Broccoli</p>	<p>Sesame Tofu</p> <p>Brown Rice</p> <p>Steamed Broccoli and Cauliflower</p>	<p>GF Pepperoni Pizza</p> <p>GF Cheese Pizza</p> <p>Steamed Vegetable</p>		
	<p>Garbage Plates</p> <p>Cheese Burgers, Zweigles</p> <p>Meat Sauce, Diced Onions</p> <p>Crispy Potato Squares</p>	<p>Veggie Burger</p> <p>Sriacha Honey Popcorn Chicken</p> <p>French Fries</p>	<p>All Beef Hot Dog</p> <p>Hamburger</p> <p>Tater Tots</p>	<p>Hamburgers</p> <p>Cheese Quesadilla</p> <p>French Fries</p>	<p>Italian Herb Grilled Chicken</p> <p>Zweigle Hot Dogs</p> <p>French Fries</p>		
	<p>Quinoa</p> <p>Roasted Broccoli</p> <p>Fresh Cut Fruit</p> <p>Cottage Cheese</p> <p>Italian Pasta Salad</p> <p>Hummus with Baby Carrots</p>	<p>Quinoa</p> <p>Roasted Broccoli</p> <p>Fresh Cut Fruit</p> <p>Cottage Cheese</p> <p>Italian Pasta Salad</p> <p>Hummus with Baby Carrots</p>	<p>Quinoa</p> <p>Roasted Cauliflower</p> <p>Fresh Cut Fruit</p> <p>Cottage Cheese</p> <p>Italian Pasta Salad</p> <p>Hummus with Baby Carrots</p>	<p>Quinoa</p> <p>Roasted Cauliflower</p> <p>Fresh Cut Fruit</p> <p>Cottage Cheese</p> <p>Vegan (Mayo-Free) Potato Salad</p> <p>Hummus with Baby Carrots</p>	<p>Quinoa</p> <p>Roasted Cauliflower</p> <p>Fresh Cut Fruit</p> <p>Cottage Cheese</p> <p>Vegan (Mayo-Free) Potato Salad</p> <p>Hummus with Baby Carrots</p>		
	<p>Creamy Chicken and Vegetable</p> <p>Tomato</p>	<p>Cream of Mushroom</p> <p>Italian Wedding</p>	<p>Broccoli Cheese</p> <p>Turkey and Wild Rice</p>	<p>Cream of Cauliflower</p> <p>Asian Vegetable & Rice with Pork</p>	<p>Chef's Choice</p> <p>Chef's Choice</p>		

* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

- Denotes Vegetarian Item
- Denotes Vegan Item
- Denotes Gluten-Free Item