

# Week 2 Dinner



|  | Monday   | Tuesday  | Wednesday   | Thursday  | Friday   | Saturday  | Sunday   |   |
|--|--|--|---|---|--|---|--|---|
|  | <b>Chicken Patty Wrap</b><br>Chicken Patties<br>12" Tortilla<br>Shredded Lettuce<br>Red Onion<br>Tomato<br>Shredded Cheddar<br>Crumbled Blue cheese<br>BBQ sauce<br>Ranch<br>Blue Cheese Dressing, Hot Sauce | <b>Barbacoa Burritos</b><br>Barbacoa<br>Black Beans Beans<br>Diced Tomatoes<br>Diced Onions<br>Shredded Cheese<br>Shredded Lettuce<br>Olives<br>Sour Cream<br>Rice<br>Tortillas<br>Salsas, Guacamole | <b>Chili Bar-"Beef Chili"</b><br>Vegetarian Chili<br>Beef Chili<br>Bread Bowls<br>Jalapenos<br>Black Olives<br>Diced Tomatoes<br>Diced Onions<br>Green onions<br>Shredded Cheese<br>Sour Cream<br>Salsa | <b>mmm Meatball @ Bravo</b><br>Parsley<br>Turkey Meatballs<br>Penne Pasta<br>Spaghetti<br>Pub Rolls<br>Marinara Sauce<br>Asiago Cheese<br>Parmesan Cheese |  |   |  |   |
|  |  | Southwestern Rice Bowl   | Southwestern Rice Bowl  | Southwestern Rice Bowl  | Southwestern Rice Bowl   | Southwestern Rice Bowl  |  |   |
|  |  | BBQ Tofu<br>Vegan Baked Beans  | Roasted Vegetable and Potato Hash<br>Vegan Breakfast Sausage  | Vegan Cheese Pizza on Cauliflower Crust<br>Cheeseless Roasted Vegetable Flatbread   | Pan-seared Italian Herb Tofu<br>Sauteed Peas and Mushrooms                     | Black Beans and Rice<br>Sauteed Spinach                                       | Sauteed Tofu, Peas and Almonds<br>Wheatberry Pilaf                                       | Curry Vegetables stuffed Tomatoes<br>Steamed Zucchini                               |
|  |  | Country Fried Steak w/ Country Gravy<br>Mashed Potatoes<br>Roasted Zucchini  | French Toast<br>Bacon<br>Home Fries   | Chicken Cordon Blue<br>Sauteed Green Beans<br>Pesto Rice with Tomatoes  | Italian Breaded Pork Cutlet<br>Cinnamon Applesauce<br>Steamed Parsley Potatoes | Cod with Lemon and Dill<br>Roasted Carrots<br>Roasted Potatoes with Mushrooms | Lemon Pepper Roasted Chicken<br>Sauteed Corn and Green Bean Medley<br>Cornbread Stuffing | Roasted Pork Loin<br>Warm Cinnamon Apples and Craisins<br>Fried Baby Potatoes       |
|  |  | GF Chicken Marsala<br>Steamed Corn   | Ham and Cheese Frittata<br>Steamed Broccoli   | Shrimp Scampi<br>Steamed Yellow Squash  | Spanish Chicken Thighs*<br>Steamed Zucchini                                    | Roast Beef with au jus<br>Steamed Cauliflower                                 | Smothered Pork Chops w/ Gravy and Peppers & Onions<br>Steamed Broccoli                   | Stri Fry Shrimp and Broccoli<br>Steamed Carrots                                     |
|  |  | Pepperoni Pizza<br>Cheese Pizza<br>Loaded Baked Potato Pizza   | Pepperoni Flatbread<br>Cheese Flatbread<br>Roasted Mushroom Bruschetta Flatbread  | Pepperoni Pizza<br>Cheese Pizza<br>Spaghetti & Marinara   | Pepperoni Pizza<br>Cheese Pizza<br>Sausage, Pepper, & Onion Pizza              | Pepperoni Pizza<br>Cheese Pizza<br>Fettucine & Alfredo                        | MTO Pizzas   | MTO Pizzas  |
|  |  | Cuban Sandwich<br>Veggie Burger w/ Pepperjack, Sauteed Peppers & Onions<br>Tater Tots  | Hamburger<br>Grilled Lemon Garlic Chicken<br>French Fries   | Grilled Elote Corn<br>BBQ Boneless Pork Patty *<br>French Fries   | Turkey Burger<br>Grilled Pimento Cheese Sandwich*<br>Curly Q French Fries      | Hamburger<br>Tuna Melt<br>French Fries  | Veggie Burger<br>Grilled Ham and Cheese<br>French Fries                                  | Hamburger<br>Toppings: sauteed mushrooms, caramelized onions, bacon<br>French Fries |
|  |  | Farro, Strawberry, Walnut, and Arugula<br>Guacamole with Tortilla Chips  | Farro, Strawberry, Walnut, and Arugula<br>Guacamole with Tortilla Chips   | Farro, Strawberry, Walnut, and Arugula<br>Guacamole with Tortilla Chips   | Farro, Strawberry, Walnut, and Arugula<br>Guacamole with Tortilla Chips        | Farro, Strawberry, Walnut, and Arugula<br>Guacamole with Tortilla Chips       | Farro, Strawberry, Walnut, and Arugula<br>Guacamole with Tortilla Chips                  | Farro, Strawberry, Walnut, and Arugula<br>Guacamole with Tortilla Chips             |
|  |  | Pozole<br>Potato and Leek  | Cheesy Cauliflower<br>Moroccan Spiced Chickpea Soup   | Chicken Noodle<br>Mushroom Gorgonzola   | Turkey and Wild Rice<br>Butternut Squash                                       | Manhattan Clam Chowder<br>Vegetable Soup                                      | Chef's Choice Chili<br>Chef's Choice Vegetable   | Chef's Choice Chili<br>Chef's Choice Vegetable                                      |

\* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

- Denotes Vegetarian Item
- Denotes Vegan Item
- Denotes Gluten-Free Item